



Come try gym ringette!

Date:

Wednesday, August 16th

Time:

10 am - 11am

Age:

Everyone is welcome, including parents and caregivers!

Where:

Leask Community Hall

Interested in trying gym ringette? Email Jaylynn at northsportdevelopment@ringettesask.com to register, or if you have any questions.

All equipment is provided, and registration is free! Just bring running shoes and a water bottle

Why ringette?

Ringette is a versatile sport that builds strength and coordination while creating lifelong friendships in the process. It is simple to learn, fun to play, and is a sport that will stay with you forever! It is also commonly used by hockey players to develop precision and hand-eye coordination.

